

# Retreat Booking Form

Ashoka  
Kadampa  
Buddhist Centre



## The Uncommon Yoga of Inconceivability 12<sup>th</sup>-16<sup>th</sup> January 2019

Please complete and return this booking form to the centre by no later than **20/12/2018**:

- By email: [admin@meditationinplymouth.org](mailto:admin@meditationinplymouth.org) • By post: To the address below
- By hand: Please put in an envelope marked "FAO of Ashoka AD (Retreat Booking)"

Making Your Booking:	Payment:	Retreat Session Fees:
<ol style="list-style-type: none"> <li>Tally the number of sessions you are attending each day and calculate the total fee for each day</li> <li>Choose the nights you want to stay in the dormitory* (breakfast applies to the following morning)</li> <li>Choose the lunches and suppers you require</li> <li>Tally the cost of each day, then add up the total cost</li> </ol>	<ul style="list-style-type: none"> <li>• Deposit: 25% is required to secure your booking when. Deposits are non-refundable</li> <li>• Balance: The balance payment is due before the retreat starts</li> <li>• Card Payment: by phone or in person at Ashoka. Tel: 01752 224137**</li> <li>• Cash: in person at Ashoka only. Please do not post cash.</li> </ul>	<ul style="list-style-type: none"> <li>• Session Fee: £5 each guided session; £1 each unguided session, four sessions each day</li> <li>• Full Retreat: £52</li> <li>• Ashoka Members:               <ul style="list-style-type: none"> <li>○ No fee for either individual sessions or attending the entire retreat</li> <li>○ Accommodation and meal fees apply to members</li> </ul> </li> </ul>

<b>Name</b>	
<b>Contact Email</b>	
<b>Contact Telephone No.</b>	

Date	Retreat Session Fees	Dormitory* & Breakfast £15	Lunch £2.50	Supper £2	Daily Total
Saturday 12th	£	£	£	£	£
Sunday 13th	£	£	£	£	£
Monday 14th	£	£	NA	NA	£
Tuesday 15th	£	£	NA	NA	£
Wednesday 16th	£	NA	NA	NA	NA

\* Please note that you will need to bring a sleeping bag & towel. Please also note that there are no cooking facilities for private use.

\*\* Please note that the phone is not manned full time – please leave a message and contact number if you reach the answerphone, with a convenient time for us to call you back

Total to Pay	£
25% Deposit	£
Remaining Balance	£