

# Retreat Booking Form

Ashoka  
Kadampa  
Buddhist Centre



## Self-guided Amitayus Retreat Friday 08<sup>th</sup> to Sunday 10<sup>th</sup> February 2019

Please complete and return this booking form to the centre by no later than **25/01/2019**. You need only complete a booking form if you require meals and accommodation.

### Returning Your Booking Form

- By email: [admin@meditationinplymouth.org](mailto:admin@meditationinplymouth.org)
- By post: To the address below
- By hand: Please put in an envelope marked "FAO of Ashoka AD (Retreat Booking)"

Making Your Booking:	Payment:	Retreat Session Fees:
<ol style="list-style-type: none"> <li>Tally the number of sessions you are attending each day and calculate the total fee for each day</li> <li>Choose the nights you want to stay in the dormitory* (breakfast applies to the following morning)</li> <li>Choose the lunches and suppers you require</li> <li>Tally the cost of each day, then add up the total cost</li> </ol>	<ul style="list-style-type: none"> <li>• Deposit: 25% is required to secure your booking when. Deposits are non-refundable</li> <li>• Balance: The balance payment is due before the retreat starts</li> <li>• Card Payment: in person at Ashoka.</li> <li>• Cash: in person at Ashoka only. Please do not post cash.</li> </ul>	<ul style="list-style-type: none"> <li>• Introduction with Kadam Ben on 08/02 at 19:30: £5</li> <li>• Session Fee: £1 each, four sessions each day</li> <li>• Ashoka Members: <ul style="list-style-type: none"> <li>○ No fee for introduction with Kadam Ben, individual sessions or attending the entire retreat</li> <li>○ Accommodation and meal fees apply to members</li> </ul> </li> </ul>

<b>Name</b>	
<b>Contact Email</b>	
<b>Contact Telephone No.</b>	

Date	Retreat Session Fees	Dormitory* & Breakfast £15	Lunch £2.50	Supper £2	Daily Total
Friday 8th	£	£	NA	NA	£
Saturday 9th	£	£	£	£	£
Sunday 10th	£	NA	£	£	£

\* **DORMITORY STAYS:** Please note that you will need to bring a sleeping bag & towel. Please also note that there are no cooking facilities for private use.

Total to Pay	£
25% Deposit	£
Remaining Balance	£