



# Monthly Timetable for Pujas and Events

at Ashoka Buddhist Centre, 33 Sutherland Road, Plymouth, PL4 6BN

## May 26<sup>th</sup> to June 22<sup>nd</sup> 2008



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>26</p> <p>Spring Festival</p>	<p>27</p> <p>7.30pm – 8.45pm Wishfulfilling Jewel</p>	<p>28</p> <p>7.15am – 9.00am Quick Path</p> <p>7.30pm – 8.45pm Wishfulfilling Jewel</p>	<p>29</p> <p>7.15am – 10.45am Melodious Drum puja</p>	<p>30</p> <p>7.15am – 8.30am Wishfulfilling Jewel</p>	<p>31</p> <p>3.30pm – 4.30pm Wishfulfilling Jewel with Tsog</p>	<p>1</p> <p>7.15am Heart Jewel</p> <p>10.30pm – 12noon Meditate for World Peace with Gen Lekma</p> <p>12noon – 2pm World Peace Cafe</p> <p>7.30pm - 9.30pm Quick Path</p>
<p>2</p> <p>7.15am – 8.15am Dakini Yoga</p> <p>12.15pm - 1pm Lunchtime class</p> <p>1pm Light lunch</p> <p>6pm Tara puja</p> <p>7.30pm – 8.45pm Wishfulfilling Jewel</p>	<p>3</p> <p>7.15am – 9.00am Quick Path</p> <p>7.30pm – 8.45pm Wishfulfilling Jewel</p>	<p>4</p> <p>7.15am – 9.00am Buddha'a Turning of the Wheel of Dharma Day Offering to the Spiritual Guide</p> <p>7.30pm – 8.45pm Wishfulfilling Jewel</p>	<p>5</p> <p>7.15am – 8.15am Dakini Yoga</p> <p>4.30pm – 5.15pm Heart Jewel</p> <p>7.00pm – 8.30pm General Programme with Gen Lekma</p>	<p>6</p> <p>7.15am – 8.30am Wishfulfilling Jewel</p> <p>12.15pm - 1pm Lunchtime class</p> <p>1pm Light lunch</p>	<p>7</p> <p>9am – 11am, 11.45am – 1.45pm Foundation Prog. with Gen Lekma</p> <p>3.30pm - 4.45 pm Wishfulfilling Jewel with Tsog</p>	<p>8</p> <p>7.15am Heart Jewel</p> <p>10.30pm – 12noon Meditate for World Peace with Gen Lekma</p> <p>12noon – 2pm World Peace Café</p> <p>6pm Tara Puja</p> <p>7.30 – 9.30pm Dakini Yoga with guided meditations by Gen Lekma</p>
<p>9</p> <p>7.15am – 8.15am Dakini Yoga</p> <p>12.15pm - 1pm Lunchtime class</p> <p>1pm Light lunch</p> <p>6pm Tara puja</p> <p>7.30pm – 8.45pm Wishfulfilling Jewel</p>	<p>10</p> <p>7.15am – 9.00am Offering to the Spiritual Guide</p> <p>7.30pm – 8.45pm Wishfulfilling Jewel</p>	<p>11</p> <p>7.15am – 9.00am Quick Path</p> <p>7.30pm – 8.45pm Wishfulfilling Jewel</p>	<p>12</p> <p>7.15am – 8.15am Dakini Yoga</p> <p>4.30pm – 5.15pm Heart Jewel</p> <p>7.00pm – 8.30pm General Programme with Gen Lekma</p>	<p>13</p> <p>7.15am – 8.30am Wishfulfilling Jewel with Tsog</p> <p>12.15pm - 1pm Lunchtime class</p> <p>1pm Light lunch</p>	<p>14</p> <p>10am – 5pm Meditation Workshop with Gen Lekma</p> <p>Protect Your Peace of Miind</p> <p>7.30pm – 8.30pm Wishfulfilling Jewel</p>	<p>15</p> <p>6.30am Precepts</p> <p>7.15am Heart Jewel</p> <p>10.30pm – 12pm Meditate for World Peace with Gen Lekma</p> <p>12noon – 2pm World Peace Café</p> <p>7.30pm - 9.30pm-Quick Path</p>
<p>16</p> <p>7.15am – 8.15am Dakini Yoga</p> <p>12.15pm – 1pm Lunchtime class</p> <p>1pm Light lunch</p> <p>6pm Tara puja</p> <p>7.30pm – 8.45pm Wishfulfilling Jewel</p>	<p>17</p> <p>7.15am – 9.00am Quick Path</p> <p>10am Sojong Ceremony</p> <p>7.30pm – 8.45pm Wishfulfilling Jewel</p>	<p>18</p> <p>7.15am – 9.00am Quick Path</p> <p>7.30pm – 8.45pm Wishfulfilling Jewel</p>	<p>19</p> <p>7.15am – 8.15am Dakini Yoga</p> <p>4.30pm – 5.15pm Heart Jewel</p> <p>7.00pm – 8.30pm General Programme with Gen Lekma</p>	<p>20</p> <p>7.15am – 8.30am Wishfulfilling Jewel</p> <p>12.15pm - 1pm Lunchtime class</p> <p>1pm Light lunch</p>	<p>21</p> <p>9am – 11am, 11.45am – 1.45pm Foundation Programme With Gen Lekma</p> <p>3.30pm - 4.45pm Wishfulfilling Jewel with Tsog</p>	<p>22</p> <p>7.15am Heart Jewel</p> <p>10.30pm – 12pm Meditate for World Peace with Gen Lekma</p>